

# OUTDOOR CHINA.

## Tentative Itinerary for Hiking and cultural holiday

**SP3 (Summer) Thur. 11<sup>th</sup> June to Thur. 25<sup>th</sup> June 2026**

**SP4 (Peak season) Tue. 7<sup>th</sup> July to Tue. 21<sup>st</sup> July 2026**

Please note that due to the mountainous nature of the topography in this area, this itinerary is a general guide only and must remain as flexible as possible due to changes in mountain weather. The town of Songpan (Actually called Songzhou) is already at approximately 2850 meters above sea level. Whilst this creates a very comfortable climate in June & July, the weather in the mountains where many of our walks take place, like most mountainous areas, can be unpredictable. As such we will need to assess the conditions daily and might change the order of our walks, so that we do not miss out on the superb views that are available. In addition, should predicted conditions be hazardous (severe electrical storms or extremely high winds) we will modify our itinerary to suit the conditions. However, you can be sure we will always have something on the agenda, even if it's a visit to an interesting building of historic significance or an interesting cultural pursuit.

Please also note, the first 3 to four days in Songpan area, everyone needs to take it easy so that the body can adjust to the altitude. Most of our walks are over 3000 meters, slowly increasing to approximately 4000 meters towards the end of the week. Do not expect too much of yourself over the first three or four days, most people **underestimate** the effects of altitude.

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Day	Date SP3 Summer	Date SP4 Mid-Summer	Activity	Where we spend the night.
Day 0	Wed 10th June	Mon 6 <sup>th</sup> July	Meet at the Vienna Hotel near Chengdu East Railway station at approximately 4pm. This is an opportunity to meet your fellow hikers and ask questions. It is also an opportunity for Ping & I to check you have all necessary items, prior to departing Chengdu	Vienna Hotel
Day 1	Thur 11th June	Tue 7 <sup>th</sup> July	Travel by high-speed train to Songpan station, bus or taxi to our hotel/guest house. We are unable to give the arrival time at Songpan at this stage.	Songpan, Ajiwu Guesthouse.

Day 2	Fri. 12th June	Wed 8 <sup>th</sup> July	Explore the walled City with Ping & Paul -	As above
Day 3	Sat 13th June	Thur. 9 <sup>th</sup> July	Walk to West Gate – an introductory walk	As above
Day 4	Sun 14th June	Fri. 10th July	Visit Zhaga Waterfalls via tourist route, then off track, return via forest. This will be a more strenuous day.	As above
Day 5	Mon 15th June	Sat. 11 <sup>th</sup> July	Group transport to small Tibetan village, then a relatively easy ridge walk to approx. 3550m. Fantastic views looking back to Songpan and to our west an un-named craggy peak of some 4330m Features, horses, some Yak and wild flowers.	As above.
Day 6	Tue 16th June	Sun. 12th July	Today our transport will take us to the northern edge of Songpan, as we leave buildings behind, we take a partially disused tourist road, that was affected by an earth quake some years ago. The surface a little rough in places. After a 40-minute drive will arrive at a lookout at a height of approximately 3877 metres. Although high (in respect to Acclimatisation) from here we follow a series of mountain ridges for nearly 8km, downhill all the way to the valley below to the small village of Dazai. Whilst not a long walk or strenuous, the mountain scenery on a clear day is amazing and of course there are carpets of flowers in many directions. We will stop at a Tibetan temple on the way back to Songpan.	As above
Day 7	Wed 17th June	Mon.13 <sup>th</sup> July	Preparation for the pack-horse trek and then free for the remainder of the day.	As above
Day 8	Thur. 18th June	Tue. 14th July	Transport by bus to the start of our 5-day trek 65 km pack free walk.	Camp
Day 9	Fri 19th June	Wed 15 <sup>th</sup> July	No location is given here but you will <b>see the photos on the website.</b>	Camp
Day 10	Sat 20th June	Thur. 16th July		Camp
Day 11	Sun 21st June	Fri. 17 <sup>th</sup> July		Camp
Day 12	Mon 22nd June	Sat. 18 <sup>th</sup> July	We complete our 5-day walking trek	Songpan Hotel

Day 13	Tue 23rd June	Sun 19 <sup>th</sup> July	For those on the Autumn hiking holiday this is your last day. You are free to do your own thing. Maybe you have had your eye on some unique souvenirs' from Songpan! For our summer guests, you also have a free day.	
Day 14	Wed. 24th June	Mon 20 <sup>th</sup> July	One final mystery day walk or lunch with some of our friends in Songpan.	
Day 15	Thur.25th June	Tue. 21st July	Today you have a choice, you can go for a walk with Paul or Go with Ping to one of the scenic areas that we have not had time to visit.	
	Fri. 26th	Wed. 22nd July	Departure to Chengdu by HS train.	

Please note the visits that we will make to dine with our Tibetan friends and other cultural activities in cannot be programmed in advance, our friends have two children at school, and both must work for a living. We also have other places that we will visit and will slot these into the program as they happen.